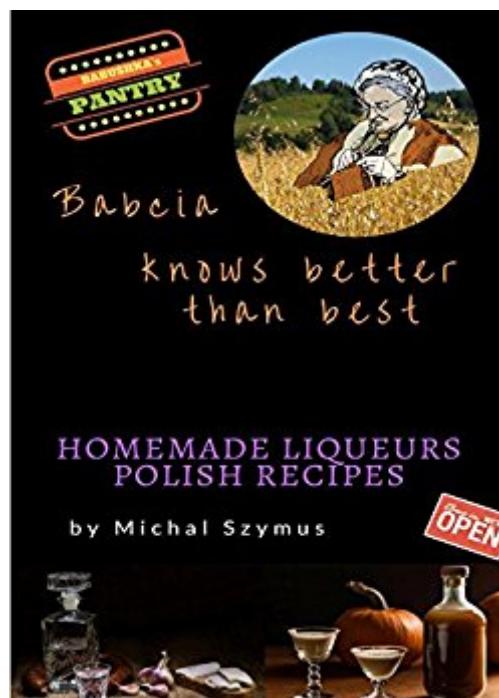


The book was found

Babcia Knows Better Than Best. Homemade Liqueurs. Polish Recipes.



Synopsis

Have you ever heard the saying „Momma knows best“? Or was it a song? Well anyway, imagine the vast sources of wisdom hidden inside the wrinkled head of a grandmother. Of course, lifetime experience, personal stories, opinions about world, existence, humanity and whatnot, but also practical knowledge about variety of things. Natural remedies for illness, regional dishes and treats, crafts and all kinds of DIYs. And yes: homemade alcohols. This particular book focuses on the latter, more specifically on the type of alcohols we would call liqueurs. Polish „babcia“ (grandma) or „babushka“ will drop some serious knowledge on you unlike any other. This book is designed to serve the purpose of providing you with instructions of what can you achieve with regular, plain alcohol like spirit or vodka. The following recipes are based on natural ingredients (fruits, herbs, spice). They come in numbers, too – over 300 different propositions. Some are pretty old, passed on by the word of mouth, written down later. Lots of them, above all, require time and patience, while still being easy to follow. The ones with proven medical applicability are treated with a little more description regarding the beneficial influence on human health.

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